

香港理工大學譚榮芬康復治療中心 (職業治療)

Little Hands, Ready to Write!

(幼兒書寫前技巧及小手肌訓練小組)

🌟 透過有趣，互動的遊戲，為書寫打好基礎

Build a solid foundation for writing with fun and interactive games

👐 增強手部肌力及小肌肉協調

Strengthen hand strength and fine motor coordination

✎ 改善握筆姿勢及操控能力

Enhance pencil grasp and control

👐 提升手眼協調及雙手合作能力

Boost hand-eye coordination and bilateral hand use

🌈 建立專注力與自信心，為正式書寫做好準備

Build confidence and readiness for writing through play



📅 時間:

A 組: 星期一 下午 3:00 – 4:00

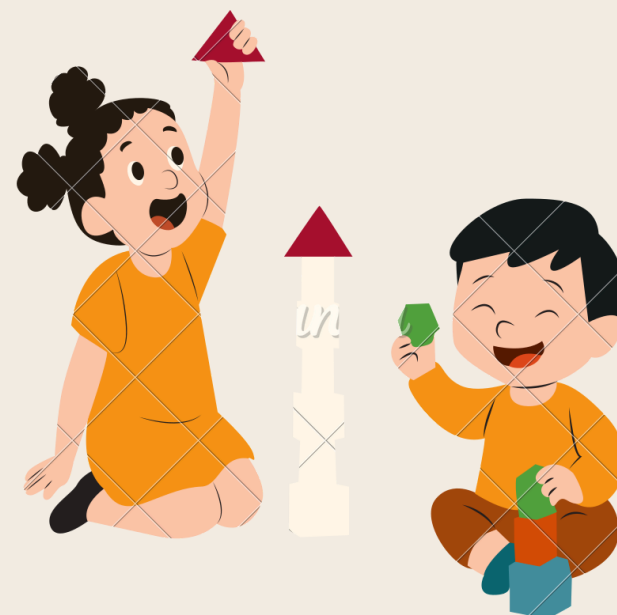
B 組: 星期三 下午 3:00 – 4:00

👤 人數: 3–5 位幼兒 (由註冊職業治療師帶領)

🎂 年齡: 歡迎 3–6 歲 幼兒加入

🗣️ 教學語言: 粵語、普通話、英語

💰 費用: \$580 / 每節



📅 Time:

Group **A**: Monday 3:00–4:00pm

Group **B**: Wednesday 3:00–4:00pm

👤 Group size: 3–5 children (led by an registered Occupational Therapist)

🎂 Age: Children ages 3–6 are welcome

🗣️ Language: Cantonese, Mandarin, and English

💰 Fee: \$580 / session

有興趣的家長，請向本中心職員報名。

Interested parents, please register with our staff.

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